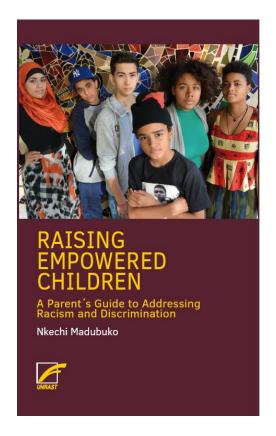
Raising Empowered Children

Nkechi Madubuko's successful book »Empowerment als Erziehungsaufgabe« is finally available in English



Nkechi Madubuko
»Raising Empowered Children
A Parent's Guide to Addressing Racism
and Discrimination«
Translated by Garry Zettersten
ISBN 978-3-89771-173-0, 144 pages,
12,80 €

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Binational and non-Christian children face stereotypes, racism and discrimination in (pre-)school and everyday life. These negative experiences can be harmful for their sense of self-worth, which makes it important for parents to be able to provide emotional guidance and prepare their children to be able to deal with such experiences. This helps children to feel loved, empowered and equal. The book focuses on sensitizing parents to not minimize these experiences, building a trusting relationship, talking about heritage, understanding racism as a projection, learning to differentiate, building confidence, creating inner and outer spaces of safety and acceptance and how to address all these issues in an age appropriate manner.